



Providing Supports When Resources May be Limited

Presented by:

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www.akchap.org/behavioral-health-aide/



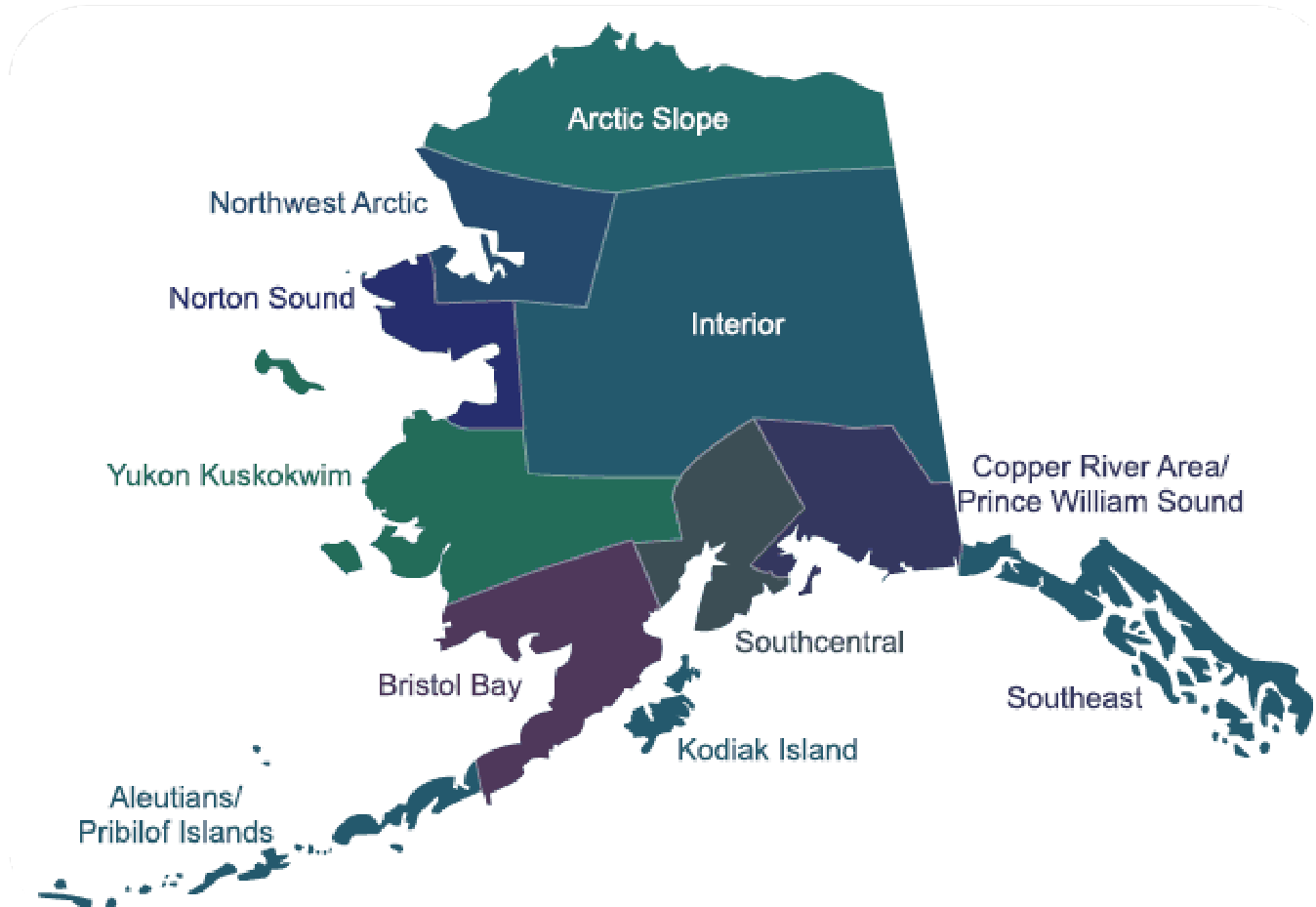
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Learning Objectives

- **What is the Alaska Tribal Health System and Why Was it Formed?**
- **What are Behavioral Health Services?**
- **What is a Behavioral Health Aide and What is Their Role?**
- **How to Find Behavioral Health Services**



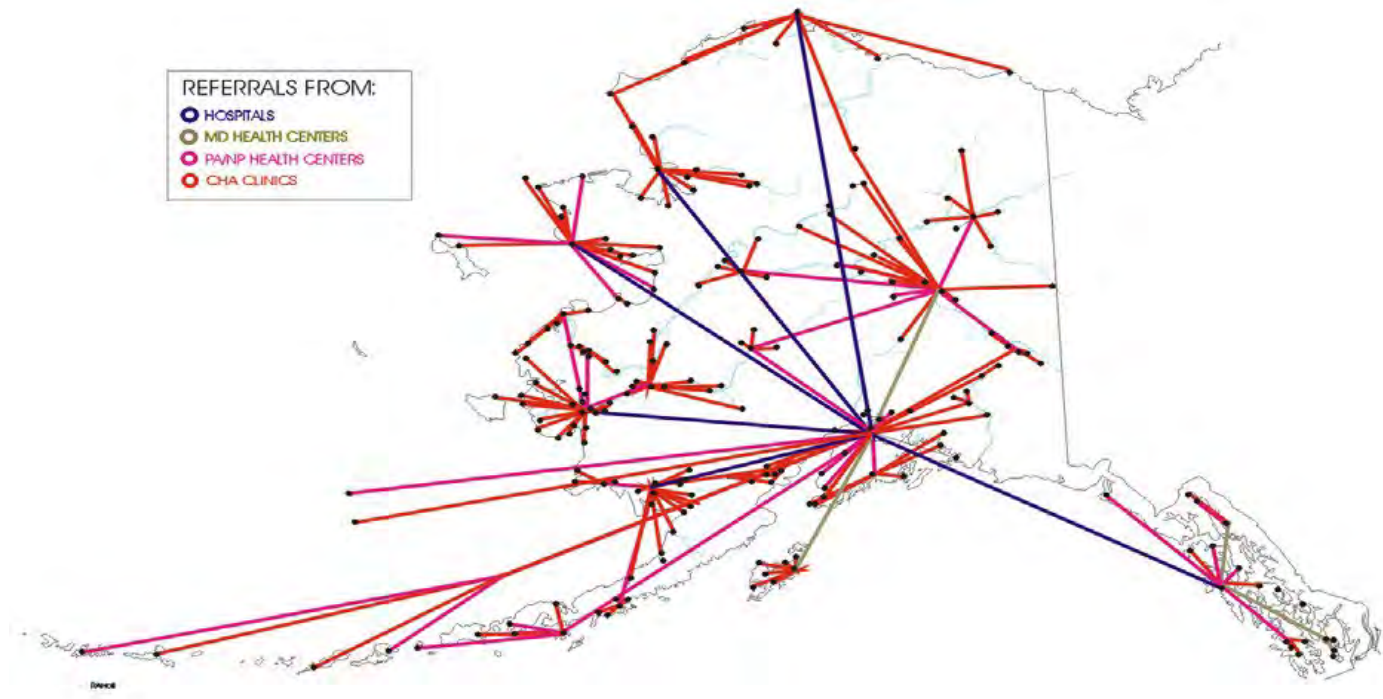
Regional Tribal Health Organizations



What is the Alaska Tribal Health System and Why Was it Formed?

- To Bring Care Closer to Home
- To Insure Quality of Care
- To Practice Tribal Self-Determination

Service & Referral System



Part of an established service and referral structure with the Tribal Health Organization

SIZE AND DISTANCE COMPARISON



Bring Care Closer to Home



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4 components of BHA Certification



Insure Quality of Care



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- Self-Determination
- Cultural Pride
- Grow Our Own

Tribal Self-



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What are Behavioral Health Services?

Mental Health	Substance Use	Social
Depression	Alcohol use	Interpersonal violence
Anxiety	Drug	Household Dysfunction/ACEs
Mood Disorder	Tobacco	Child abuse/neglect
Psychosis	Inhalants	Social Skills deficits
Co-Occurring Disorders		



The behavioral health client experiences greater barriers to getting help because of perceived societal judgement of their condition and their own personal shame, hopelessness, or self-doubt about their ability to overcome their behavioral health condition.

Stigma



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- BHAs create awareness of how mental health and substance use problems develop
- BHAs create a supportive space to have conversations about behavioral health concerns

Reducing Stigma



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Support Systems



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What is a Behavioral Health Aide?



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Frontline of BH Services



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BHA Scope of Practice

	BHA I	BHA II	BHA III	BHA/P
Practice Areas	<ul style="list-style-type: none"> Wellness Promotion Education Advocacy Community Needs Assessment Screening Intake Referral Crisis Management Case Management Life Skill Development Medication Education Psychoeducation Individual & Group Interventions 	<ul style="list-style-type: none"> Substance Use Disorder Assessment & Diagnosis SUD Treatment Planning SUD Treatment Implementation Community Readiness Assessment Individual, Group & Family Counseling 	<ul style="list-style-type: none"> Treatment & Aftercare of Co-Occurring Disorders Child/Youth Services Clinical Case Review Quality Assurance Case Review 	<ul style="list-style-type: none"> BHA Mentoring Child-Centered Interventions



Uses Cultural Knowledge



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Culturally Competent Care



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Making a Referral for Services



The Blues & the News



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Questions? Comments?



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Quality of Care



- Community role in selection
- Culturally competent training and care
- Competency-based curriculum
- Establishing a service and referral system

