



LIMITS OF MOTIVATIONAL INTERVIEWING

September 27, 2023

Haines Room

Lenora Walker, ICWA Specialist

Central Council of Tlingit and Haida Indian Tribes of Alaska

lwalker@tlingitandhaida.gov

(907)463-7198



Introductions

Name

Your role and where you're from


What do you want to take away from today



Together we will explore the importance of incorporating cultural values to build trust and rapport with families. Learn how to adapt interview techniques to serve families in ways that honor their culture. We'll leave the session equipped with practical strategies to improve interviewing skills in culturally-appropriate ways



What is motivational
interviewing



OUR METHODS

OUR TRIBAL WAY OF BEING

- Respect and honor your elders
- Help other people through compassion, love, and sharing
- Life is gifted to you; what you make of it is your gift in return
- Live with and respect the land, sea, and all of nature
- Engaging in a spiritual life, from ancestral beliefs to the diverse faiths of today
- Learn to preserve and be proud of the Native way of life
- Never give up
- Listen with your heart and mind
- Patience
- Humor
- Live in peace and harmony, positive conflict resolution
- Be strong in mind, body, and spirit
- Unity

PETITION?!

What's next?

Start building the relationships

Who is involved

Front loading


A stylized illustration of two blue hands holding a white, elongated object, possibly a hearing aid or a similar device. The hands are rendered in a simplified, almost geometric style. The background is a light blue gradient with a large white circle on the right side.

Taking steps together

Next hearings, court system


Put things into writing

Plan A...



How do we
empower and
not shame?

- **Tough conversations**
- **Sexual abuse**
- **Domestic violence**
- **Drug use**
- **Legal mandates**
- **Child(ren) needs above your own**
- **Permanency other than reunification**



OUR METHODS

OUR TRIBAL WAY OF BEING

- Respect and honor your elders
- Help other people through compassion, love, and sharing
- Life is gifted to you; what you make of it is your gift in return
- Live with and respect the land, sea, and all of nature
- Engaging in a spiritual life, from ancestral beliefs to the diverse faiths of today
- Learn to preserve and be proud of the Native way of life
- Never give up
- Listen with your heart and mind
- Patience
- Humor
- Live in peace and harmony, positive conflict resolution
- Be strong in mind, body, and spirit
- Unity



Fostering relationships
between parents and legal
parties



You don't have to know all the answers- be honest

You don't have to always agree- be honest



WHAT'S IMPORTANT

Build relationships with family and OCS

Help parents understand

Empower parents



QUESTIONS
THOUGHTS
FEEDBACK





<https://recoveryfirst.org/motivational-interviewing/>
Cultural Resources for Alaska Families, Valerie Davidson, OCS